Thank you for your interest in our continuing education seminars!

Instructor: **Kim Wiggins, OTR/L** is an experienced occupational therapist specializing in pediatrics who has worked extensively in public school settings, outpatient, and home-based services to children of all ages with a variety of diagnoses and special needs.   Kim is currently a full-time therapist at a School District in upstate NY and the owner of listenWRITE shineBRIGHT, which primarily focuses on increasing the attention level and motor skills of children and providing educational opportunities for parents and professionals. She is an experienced National program developer who has produced and presented training workshops and seminars on a variety of topics. She has presented to audiences nationwide since 2010.   Kim is certified in: Mobile Devices for Children with Disabilities, Irlen Screenings, Puzzle Art Therapy, Handwriting Without Tears, Zaner Bloser, The Listening Program, and The Size Matters Handwriting Program. Kim provides clients with both a clinical and parental perspective as she is the adoptive parent to a teenage son with special needs and 3 biological children (including TWINS!!!).

**Disclosures**: Kim Wiggins is the owner of listenWRITEshineBRIGHT and also receives a speaking fee from Sensational Brain LLC. Kim is an affiliate for Move Play Thrive, Puzzle Art Therapy, and Double Time Docs and receives a percentage of profits from her referrals. She has no relevant nonfinancial relationship to disclose.

**Course Fees**: Kim Wiggins can offer a variety of presentation options for your site:

1. SEMINAR: Kim can present a LIVE seminar (in person) at your site for the following fees. Expenses (i.e. mileage, rental car fees, flights, parking fees, meals, etc.) are the responsibility of the Hosting Organization and are NOT included in this rate.
   1. Half-day seminar course: $1,000 + expenses
   2. Full-day seminar course: $2,000 + expenses
2. WEBINAR: Kim can present a LIVE webinar for the following fees. There are no additional expenses when presenting a webinar.
   1. Half-day LIVE webinar (2-3 hours): $500
   2. Full-day LIVE webinar (5-6 hours): $800

Course Topics: Kim Wiggins is an experienced National program developer who has produced and presented training workshops and seminars on school-based therapeutic topics to therapists, teachers, administrators, and parents. She has presented to audiences of up to 400 participants nationwide since 2010. The hosting organization is encouraged to work with Kim to “mix and match” various topics to create a course that is suitable for their organization. Kim has 10 courses available. A description of Kim’s courses follows this introductory information. Customization is possible. Please email Kim at [listenwrite@gmail.com](mailto:listenwrite@gmail.com) for additional information.

Materials: Kim Wiggins emails PDFs of course materials to the organization 3 weeks prior to the workshop. This includes the course manual, bibliography, and additional materials (if necessary). The hosting organization is responsible for printing one copy of each handout to each participant.

Motor Labs & Sensory Paths: School Wide Movement Initiatives (2 hours)

Every year, students exhibit increased challenges in motor skills, attention, visual skills, and behavior. Research also indicates an increase in childhood obesity. The addition of school-wide movement initiatives, such as motor labs and sensory paths, can promote healthy school climates needed for learning. School-based occupational therapists have the expertise to increase participation in school routines and design programs to improve function and inclusion. It is their responsibility to collaborate with a variety of school partners to support student success and contribute to both general and special education. This course reviews the research to encourage using these school-wide movement initiatives. It also provides specific strategies for adding motor labs and sensory paths into your school environment.

Learning Outcomes

* List examples of school-wide movement initiatives.
* Recognize the difference between a motor lab and a sensory path.
* Describe the essential components of a motor lab.
* Identify options for designing a sensory path.

Target Audience: introductory- to intermediate-level OTs, OTAs, and teachers

Primitive Reflexes: Screening, compensation techniques, and treatment (2-3 hours)

Primitive reflexes emerge in utero and should be integrated no later than 2 years of age. Unfortunately, studies show that approximately 75% of school-aged children with learning disabilities have retained primitive reflexes, which are becoming more common and strongly impact the function of these students. This course provides occupational therapists with a screening process to identify each of these retained primitive reflexes: MORO, Tonic Labyrinthine Neck Reflex, Asymmetrical Tonic Neck Reflex, Spinal Galant, and Symmetrical Tonic Neck Reflex. Kim also provides compensation techniques and treatment strategies to help integrate each reflex covered. This course includes many demonstration videos.

Learning Outcomes

* Explain the screening process for each primitive reflex.
* Provide several compensation techniques for retained reflexes in the classroom.
* Identify a treatment exercise for each of the retained reflexes.
* List programs that are available to therapists, teachers, and parents that promote the integration of primitive reflexes.

Target Audience: intermediate-level OTs, COTAs, PTs, PTAs, and other professionals working with children with developmental delays

A Collaboration Sensation! Strategies in service delivery (2-3 hours)

Collaboration is essential in providing therapy services in school systems. Research indicates that students succeed when support is provided to the individual, team, and systems in place. Although pull-out sessions can be effective, pushing into the classroom and collaboration is the new norm. This course reviews research, strategies, and case studies that support increased collaboration in school systems.

Learning Outcomes

* Recognize differences between collaboration and direct service.
* Differentiate hands-on services, team supports, and system supports.
* List examples of push-in strategies for the classroom.
* Identify approaches for improving push-in barriers.

Target Audience: introductory- to intermediate-level school-based OTs

Visual Perception and Its Impact on Learning: Strategies and resources (2-3 hours)

Did you know that 80% of all learning in a school setting is acquired through vision? There is a rise of focus and attention issues in the classroom that can be related to visual issues. Unfortunately, if children are having difficulty using their eyes, they will often give up or work twice as hard as other children causing increased frustration and a lack of motivation. Children are often misdiagnosed with attention deficits without taking a good look at possible visual insufficiencies. This course includes easy-to-understand explanations of the visual system and lots of FREE resources.

Learning Outcomes

* Recognize the impact of vision on reading and writing.
* Differentiate Vision Therapy vs. Occupational Therapy.
* List options for visual screenings.
* Identify the primary components of the visual system.
* List strategies and exercises that can be done at home, therapy, or classroom.

Target Audience: beginning- to intermediate-level occupational therapists, teachers, and parents

Sloppy Handwriting? Tips and techniques to improve common handwriting problems (2 hours)

Even in this age of technology, students are writing for a majority of their day. Because of an increase in academic expectations, teachers often do not have enough time in their day to teach handwriting. Illegible handwriting can lead to poor grades, low motivation to complete written tasks, and behavior issues. Handwriting is meant to be an automatic skill, which means that kids should be able to think and write at the same time. This course has recent research and includes inexpensive and simple adaptations and techniques that can be used in the classroom, home, or therapy. It will also include many FREE resources.

Learning Outcomes

* Apply handwriting expectations per grade level.
* Access a free screening tool that can be used with all handwriting styles.
* Identify readiness skills for preschool level children.
* Recognize strategies to develop or correct the 8 components of handwriting including (a) memory, (b) reversals, (c) placement on the line, (d) size, (e) starting position, (f) letter formation, (g) spacing, and (h) speed.

Target Audience: introductory- to intermediate-level occupational therapists, teachers, and parents

New Ideas and Techniques for Posture, Upper Extremity Stability, Pressure, Wrist Extension, and Grip! (1.5-2 hours)

Academic expectations are increasing every year. Children are asked to write even in preschool! Unfortunately, their bodies sometimes need to catch up with these expectations. There are many children that have poor handwriting because they have an issue with body positioning, hand dominance, grip, etc. It is important for teachers, parents, and professionals working with children to understand the developmental sequence that precedes writing! This course includes simple and inexpensive adaptations and techniques that can be used in the classroom, home, or therapy as well as FREE resources.

Learning Outcomes

* List strategies that can be used to support left-handed writers.
* Identify strategies to address hand tremors and shoulder stability.
* List approaches to develop and correct ineffective pencil grips.
* Recognize adaptations to promote good posture.

Target Audience: introductory- to intermediate-level occupational therapists, physical therapists, teachers, and parents

iPad Apps for Handwriting Skills and Compensation Techniques (1.5-2 hours)

This course provides participants with many resources. Handwriting skills on the iPad are reviewed, including apps to teach handwriting and how to use the iPad as a modification for students with handwriting difficulties. It is recommended that you have your iPad handy, so that you can practice during the course.

Learning Outcomes

* List three apps to develop and practice letter formation for handwriting skills.
* Identify iPad apps that can scan worksheets so that students can type on them as a compensation technique for illegible handwriting.
* List apps that can compensate for handwriting illegible math problems.
* Describe word prediction strategies using iPad features or iPad apps that can help students improve written expression skills.

Target Audience: introductory- to intermediate-level occupational therapists, teachers, and parents

iPad Apps in Occupational Therapy: Apps for organization, behavior, sensory, fine motor, and visual perception! (2 hours)

This course reviews, explains, and demonstrates apps to enhance your therapy sessions and can be used as practice in the classroom or at home. Many are FREE! The apps discussed are related to organizational skills for students and therapists, behaviors and rewards, sensory, fine motor, and visual perception. This course is chock full of resources! It is recommended that you have your iPad handy so that you can practice during the course.

Learning Outcomes

* List sensory apps for students to self-regulate sensory needs at home or in the classroom.
* List a variety of apps for students to practice visual perception skills at home or in the classroom.
* Recommend strategies for students to practice fine motor skills on the iPad at home or in the classroom.
* List a variety of apps that track and/or manage behavior in the classroom or at home.

Target Audience: introductory- to advanced-level occupational therapists

Chromebooks in Special Education (2 hours)

Google Chromebooks can be an excellent assistive technology tool for students with special needs. Students who have delays in physical, cognitive, or language development may require extra support from a variety of features or programs. This course reviews a variety of strategies that can be used as a compensation technique when a student has difficulty functioning in a classroom setting.

Learning Outcomes

* Identify speech-to-text Chromebook extensions that can be used for students with special needs.
* List Chromebook extensions that can benefit organizational skills for students with special needs.
* Explain how to access Chromebook accessibility features.
* Explain the benefits of using a Chromebook as a compensation technique.
* List a variety of typing programs and strategies that can be used on Google Chromebooks.

Target Audience: introductory- to intermediate-level OTs, OTAs, and teachers

Get It Done! OT Documentation (1.5-2 hours)

Documentation is an essential responsibility of therapists in school systems. It can also be very time consuming and inconsistent among therapists, school districts, and states. This course reviews strategies that will save you time and ensure effective and accurate documentation. Strategies reviewed include screenings, evaluations, frequency recommendations, IEP/504 documentation, goals, assistive technology, intervention plans, progress notes, and daily notes. Helpful forms are included to make your job easier right away!

Learning Outcomes

* List examples of forms and strategies for OT documentation.
* Identify the components listed in the Guidelines for Documentation of Occupational Therapy from AOTA.
* Define the five components of goal writing.
* Differentiate between good and poor examples of information entered on an IEP or 504 plan.

Target Audience: introductory- to intermediate-level OTs and OTAs

Writing IEP Goals (1 hour)

Goal writing can be time consuming and difficult to complete for therapists. This course teaches you a step-by-step process to write functional goals for students in the school setting. Kim also provides many resources.

Learning Outcomes

* Define five components to writing goals.
* Write measurable and attainable goals using the SMART format.
* Read a goal and determine whether it is specific, measurable, and attainable.

Target Audience: introductory- to intermediate-level OTs and OTAs